



HEALTH HOLDING

HAFER ALBATIN HEALTH
CLUSTER
MATERNITY AND
CHILDREN HOSPITAL

Department:	Infection Prevention and Control Department		
Document:	Multidisciplinary Policy and Procedure (MPP)		
Title:	Healthcare Workers Daily Health Monitoring		
Applies To:	Nurses and Technician		
Preparation Date:	November 18, 2024	Index No:	IPC-MPP-054
Approval Date:	December 02, 2024	Version :	2
Effective Date:	January 02, 2025	Replacement No.:	IPC-MPP-126(1)
Review Date:	January 02, 2028	No. of Pages:	3

1. PURPOSE:

- 1.1 To be able to monitor staffs current status due to Middle East Respiratory Syndrome Corona virus (MERS-CoV or Covid 19) or any new emerging infectious diseases .
- 1.2 To be able to immediately refer the query staff Employee Health Clinic for further evaluation and treatment as the case maybe.

2. DEFINITONS:

- 2.1 Daily Health Monitoring : Evaluate health of staff prior to reporting to duty each day. A staff possessing 4 or more clinical signs and symptoms, categorizing thru further evaluation and treatment of probable, suspected and confirm case of MERS-CoV or Covid 19.

3. POLICY:

- 3.1 Implement flexible non-punitive sick leave policies for staff.
- 3.2 Provide staff with quick access to medical consultation and treatment.
- 3.3 Screen all staff for symptoms at the beginning of the shift, possessing 3 signs and symptoms and go with the guidelines. Exclude symptomatic staff from work
- 3.4 Dedicate the same staff to MERS-CoV or Covid 19 patients.
- 3.5 Track staff exposure to MERS-CoV or Covid 19 patients
- 3.6 If resources permit, provide separate accommodation for staff with regular exposure to potential/confirmed MERS-CoV or Covid 19 patients.
- 3.7 All department staff must complete the log sheet on each shifting.

4. PROCEDURE:

- 4.1 All staffs coming for duty before attending their patient should check vitals according to their daily monitoring sheet requirements
- 4.2 If symptomatic, having 3 signs and symptoms
 - 4.2.1 Do not come to work/stop working immediately.
 - 4.2.2 Notify head nurse/supervisor on duty.
 - 4.2.3 Wear surgical mask (if respiratory symptoms occurs) for source control
 - 4.2.4 Seek prompt medical evaluation. OBS-E.R for female staffs and PEDIA-E.R. for male staff.
 - 4.2.5 Stay on leave until no longer infectious (isolation precaution is terminated).
- 4.3 If asymptomatic but had unprotected close MERS-CoV or Covid 19 exposure ,
 - 4.3.1 Isolate the staff exposed (14 days incubation period time)
 - 4.3.2 Monitor symptoms promptly.
 - 4.3.3 Wear surgical mask for source control (when not wearing N9).
 - 4.3.4 Consider exclusion from work until found non-infectious
 - 4.3.5 Contact Tracing.

5. MATERIALS AND EQUIPMENT:

5.1 Forms and Records:

5.1.1

5.2 Materials and Equipment

5.2.1

6. RESPONSIBILITIES:

6.1 Infection Control Department will check daily staff monitoring log sheet during daily rounds and shift in charge or IPC link staff during evening and night shift.

6.2

7. APPENDICES:




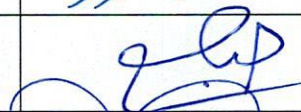

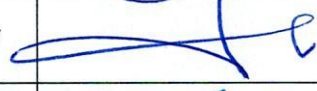

7.1 Daily monitoring log sheet form

8. REFERENCES:

8.1 Middle East Respiratory Syndrome Coronavirus; Guidelines for Healthcare Professionals - April 2018 - v 5.1

8.2 Coronavirus Disease COVID-19 Guidelines. V 3.2 March – 2024.

9. APPROVALS:

	Name	Title	Signature	Date
Prepared by:	Ms. Marilou C. Magallano	IPC Practitioner		November 18, 2024
	Ms. Wadha Mohd Al Shammari	IPC Coordinator		November 18, 2024
Reviewed by:	Ms. Awatif Hamoud Al Harbi	IPC Director		November 19, 2024
Reviewed by:	Mr. Sabah Turayhib Al Harbi	Nursing Director		November 20, 2024
Reviewed by:	Mr. Abdullellah Ayed Al Mutairi	QM & PS Director		November 25, 2024
Reviewed by:	Dr. Thamer Naguib	Medical Director		November 27, 2024
Approved by:	Mr. Fahad Hazam Al Shammari	Hospital Director & IPC Committee Chairman		November 24, 2024

